## Newsletter

Issue No. 20 2023

### Thank you message:

The trustees would like to sincerely thank all donors for their generous donations over the years since we began in 1998. A great deal has been achieved in this period. From an initial small school building for 50 students, Chaparda is now home to over 2000 people, and is a settlement in its own right with schools, colleges, hospital, elderly homes and a dairy farm.

### 25 Years - 1998 to 2023

Thousands of children, adults and animals have benefitted from your donations and through our work in Education, Health, Welfare of the elderly and Welfare of the animals in Visavadar Taluka in Junagadh District in Gujarat. (see our achievements on pages 3-6)

In the year April 2022 to March 2023, we received donations totalling £139,940 and spent £159,750 on our projects in India. The bulk of this amount, £139,750, has gone towards education: sponsoring 200 students in our main school in Chaparda and a further 431 children across our two schools in Savarkundla. All of these students are under privileged and study free of charge. The remaining £20,000 was split across our health, elderly and animal welfare projects.

### **Education News**

The new school year started this Summer in mid-June. Currently, the total number of children and young adults studying in our Chaparda centre is 2,375. This is split between 902 in our main Brahmanand Vidya Mandir school, 403 in our English Medium school, 339 in the new Sainik (army) school, 712 in our colleges, and 19 in our Mentally & Physically challenged school. Then we have a further 498 children in our Adhoi (Kutchh) school, 431 children in our Savarkundla school and 1344 children in our Junagadh school. That results in a total of 4648 students across all of our schools.



The Sainik (army) school is the new project. A new school building has been built and the second year has just started with another batch of students.

One of our new initiatives, which fits in with our goal of educating the underprviliged, is sponsoring 100 children from Gir forest schools. We have also helped to renovate and develop 25

schools in Gir. These schools only go up to standard, so typically for further education the children need to go to schools in bigger villages or towns. But now with our new initiative, those that want to continue their study can come to our Brahmanand Vidya school in Chapardal.



Our school for mentally and physically challenged children started in February 2023 with 14 children. Since then, 5 additional children have joined making a total of 19. Sadly children with disabilities suffer severe discrimination and abuse in India as there is very little awareness of these conditions, especially outside the big cities. These children living in rural areas would often be neglected and experiencing difficult and traumatic childhoods.

A school building and a boarding house to accommodate girls and boys have been built. The purpose of the school is to teach and support these children to become self-reliant as most would struggle to find jobs. They are taught all the life skills that will help them to live independent lives.

### **Health News**



The facilities and treatments offered in the hospital are developing rapidly. A CT scanner was installed in October 2022. Plastic surgery operations will start soon and a urology department is due to open. We have also linked up with a hospital in Rajkot, whose expert doctors come to treat our patients free of charge every Saturday.

# Animal welfare news – New Development

A new animal hospital started in February 2023 in Chaparda. It has a staff of 14 which includes one senior and five junior veterinary doctors. Together, they look after about 50 villages in and around Chaparda. Treatment is given free of charge, and on average they are treating 350 animals every month. Recently, a new ambulance retrofitted with a hydraulic lift has been bought so the animals can be ferried to our hospital in Chaparda for treatment. This is an ongoing project which is developing rapidly by responding to the changing needs of the local farmers.



### Inspiration behind BEHT

The inspiration behind BEHT is Pujya Muktanandji, fondly known as Bapu, who lives in Chaparda. Through deep meditation, Pujya Muktanandji has come to his own conclusion that there are two main purposes in life:

- 1. 'Swha ma lin rehewu' be aware of your real self all the time, understand who you are and learn to be truly free (Mukti).
- 2. 'Jiv Shrusti ne faida thai teva kaariya karva ane karava, nirmal, sahaj ane shakshi bhave' our purpose in life should be to purely, naturally and selflessly undertake work to benefit all life forms and encourage others to do the same.



Ease the pain of the down-trodden,

પીડિતોને શહત આપો

Help those who have fallen down,

પડેલાને ઊભા કરો

Help those who are standing to move forward,

ઊભેલાને ગતિ આપો;

Help those who are moving forward to seek the right direction.

ગતિવાનને સાચી દિશા આપો

### **Our Objectives:**

1

To provide education



To provide relief to the poor, the handicapped, the disabled, the sick and the elderly.

3

To provide relief to victims of disaster

(\*All within the area of benefit of India.)



### About the Trustees:



Ajay Gudka MBE initiated this charity after having met and spent time with Pujya Muktanandji in 1995. He is passionate about helping the disadvantaged and works tirelessly towards this end. He is also a trustee of Bhagvatinandji Education Trust (BET), Health Aid Trust (HAT), Help the Elderly Trust (HTET), all in India and he is a company director of a print business. Contact details: Tel: 020 8428 7287 (evenings), E-mail: ajay@beht.org



Jaymal Gudka is based in London and works as a Software Engineer. He has grown up seeing the developments taking shape in India and BEHT from the very beginning. He visits the projects regularly and is familiar with the day-to-day running of the charity. He looks after media and communications.

Contact details: Tel: 07904 438176 Email: jaymalgudka@gmail.com



Meena Modi OBE has a record of successful teaching and headships in English primary schools since 1974. She was recognised for her contribution to education, leading an outstanding school in Watford with an OBE in June 2011. Meena, along with her husband, Kirit, is committed to improving the life chances of all children. They have actively supported BEHT since its inception and continue to shape the direction of education across BEHT's schools. Contact details: Tel: 020 8952 1131

E-mail: meenamodi@hotmail.com



Jyoti Gudka is a Complementary Therapist in the field of Yoga & Holistic Massage since 1995. She has a BTEC diploma in Organics & Sustainability in Horticulture and Garden Design. Jyoti has taken a keen interest in BEHT's work since its birth. She takes a lead in organising fundraising and awareness events for BEHT and regularly visits all BEHT's projects in Gujarat to keep well in touch with its continued progress.

Contact details: Mobile: +44 7939 904 414 E-mail: info@jyotigudka. co.uk

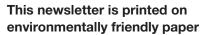
### Correspondence Address:

BEHT,

25 Park View, Hatch End, Pinner, Middlesex, HA5 4LL.
Tel: 020 8428 7287 E-mail: info@beht.org www.beht.org



BEHT a registered charity since 1998 with registration number 1072109







# How you can help....

### There are many ways of donating towards good causes through BEHT



### 1) Capital cost towards Education or Health projects

- To donate towards a school or a college contact info@beht.org for further information.
- To donate towards equipment or machines for the hospital, contact info@beht.org for current requirements.



### 7) To feed the children and elders

- A donation of £60 will provide milk to 600 street children per day in our Savarkundla schools.
- For a special day like anniversary, birthday, engagement, marriage, a religious occasion or in a memory of a departed loved one (tithi), a donation of £ 500 will provide one full meal to about 1,250 children, elders and staff at our Brahmanand Vidya Mandir School in Chaparda.



#### 2) Sponsor a student

- A donation of £ 601 annually will educate and board 1 child. BEHT has approx. 4,650 children receiving education at its 4 centres, namely Chaparda, Adhoi, Junagadh and Savarkundla. Of these, about 400 children are sponsored by overseas donors. These are either orphans or children from a very poor background who cannot afford to pay any fees.
- To sponsor 1 street child to educate in our Savarkundla schools is £ 60 per year.



## 3) Sponsor a village school as part of our Anand Dhara Project

A donation of £ 750 will help to provide materials, equipment and teaching support to one village school per year. There are 41 village schools and 54 nursery schools in our project all situated in Visavadar Taluka.



### 4) Feed the animals in the dairy farm

 A donation of £ 400 will help to feed about 320 cows for a day in the dairy farm, which produces milk for the children, elderly and staff at Chaparda and Adhoi schools.



## 5) Sponsor the treatment of patients in our hospital

- A donation of £ 100 will help to treat 20 patients.
- A donation of £ 500 will help to treat 100 patients.

Typically, it costs £ 5 to treat one patient. Diagnosis and treatments are carried out free of charge and the patient only pays for the medicine.



#### 6) Sponsor an elderly person

A donation of £ 600 annually will help to provide boarding, food, clothes, medicine and other expenses for an elderly person for a year. These elderly people come mainly from small villages and are either living alone or have been cast out from their family with nowhere to go. The majority of them live here in dignity until they die. BEHT has about 100 such elders in residence at Chaparda.

### 4,650 children under BEHT Educational Programme

4 Educational centres in Gujarat

200,000 patients seen annually for free in our Health Programme

For every £1.00 donated, £0.998 goes towards the cause

## Annual Receipts and donations since 1998

	Donations	Amount spent	
Year	Received	on projects	
1998/99	£12,421	£9,560	
1999/00	£26,516	£11,584	
2000/01	£38,912	£34,646	
2001/02	£120,528	£108,838	
2002/03	£133,260	£122,525	
2003/04	£61,930	£86,996	
2004/05	£104,515	£81,086	
2005/06	£150,785	£131,788	
2006/07	£197,597	£111,525	
2007/08	£263,731	£269,600	
2008/09	£177,881	£216,791	
2009/10	£334,158	£333,283	
2010/11	£438,768	£412,300	
2011/12	£202,878	£203,058	
2012/13	£160,156	£112,881	
2013/14	£66,594	£146,580	
2014/15	£144,589	£102,873	
2015/16	£178,993	£202,372	
2016/17	£207,316	£197,693	
2017/18	£211,626	£250,891	
2018/19	£183,530	£145,463	
2019/20	£244,016	£288,451	
2020/21	£148,597	£152,750	
2021/22	£203,623	£154,358	
2022/23	£139,940	£159,750	
Total	£4,212,860	£4,012,642	

Oct. 1998 BEHT officially registered with No. 1072109



Cyclone disaster in Western Gujarat relief aid given

June 1999

June 1999

1st swimathon held in aid of an ambulance unit. Over £ 17,000 raised



Foundation laid for an Education project in Chaparda, Junagadh

Dec 1999

Feb 2000

An ambulance unit bought and put into operation in Visavadar Taluka





The Gujarat Earthquake - relief aid given

Jan 2001

June 2001

2nd Swimathon held in aid of Education for Gujarat Earthquake victims. About £20,000 raised



Opening of school + boarding house for 390 boys in Chaparda, Junagadh

June 2001

Oct 2001

Opening of veterinary clinic for animal welfare in Chaparda, Junagadh



Foundation laid for Education project in Adhoi, Kutchh

Nov 2001

Dec 2001

Foundation laid for a primary school project in Chaparda, Junagadh



Opening of doctor's surgery in Chaparda, Junagadh

April 2002

June 2002

Opening of school in Adhoi for 500 children





Opening of school library in Chaparda, Junagadh June 2002

June 2002

Opening of new Primary school in Chaparda for 600 children





Opening of Old people's home for 120 Elderly persons in Chaparda

Feb 2003

June 2003

Dairy Farms started in Adhoi & Chaparda



3rd Swimathon held in aid of Education Projects. £18,000 raised

Sept 2003

development started at Chaparda School, Oct 2003

Junagadh

Sports fields



Opening of a medical centre in Adhoi, Kutchh

April 2004

June 2004

Sports fields development started at Adhoi School, Kutchh





1st BEHT's Charity Walk. 8km along River Thames. Just over £48,000 raised for Education Projects

July 2004

May 2005

2nd BEHT's Charity Walk. 8km along River Thames. £25,000 raised for **Education Projects** 





Girls boarding house Project started in Junagadh

July 2005

**July 2005** 

School for the Blind, Deaf & Dumb Project started





July 2009

for the Elderly persons started

Chess Valley 10Km. £17,250 raised.





## Donation / Standing Order form

Name:		BE	
Address.		Education an	atinandji d Health Trust No. 1072109
	st code:	Correspondence Address: 25 Park View, Hatch End, Middlesex HA5 4LL, UK	
Tel:		Tel: 020 8428 7287 E-mail: info@beht.org www.beht.org	
Donation Form  I wish to donate a gift of £  (if you pay tax, your gift could be worth an ex I wish my donation to go towards:  ☐ Education Projects ☐ Health Projects	tra 25% to BEHT by completing	the gift aid declaration belo	w) □ Other Projects
I wish to donate by (please tick):  ☐ Cheque or CAF Voucher made payable to Bound of the above add Good of th	ress with this form I post to above address	Sort code 40-52-40)	
Standing Order Form  Donating by Standing Order is the easiest vidonation slips etc and reducing our costs, it gany donation you make will be worth more to Please pay £ to BEHT each year /	ives us a regular, reliable source us if you complete the gift aid for quarter / month (delete as appropriate to the control of the control o	of income. And, in addition, orm below. opriate) until further notice.	
Starting date (Please			
To the Manager (bank name):Address:			
Account No.:	Sort Code:		
My signature:	Date:		
Please pay BEHT, Account No.: 00005764, Bank: CAF Bank Bank to quote our reference			
Gift Aid Declaration: For every pound you give, we get an I declare all donations I've made to BEHT fo declaration until I notify you otherwise, are Gi	r the four years prior to this yea		from the date of this
I confirm I have paid or will pay an amount of at least equal to the amount of tax that all the other taxes such as VAT and Council Tax do n	charities that I donate to will recl		
Signature:		Date:	

your income and / or capital gains.

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all

your Gift Aid donations on your Self assessment tax return or ask HM Revenue and Customs to adjust your tax code.

Please notify BEHT if you want to cancel this declaration, change your name or home address or no longer pay sufficient tax on

### BEHT / BET Proposal for Old peoples home in Bilkha, Junagadh District



### Introduction

Bhagvatinandji Education Trust (BET) already has an old building in Bilkha, Junagadh District. Bilkha is about 10 miles from Chaparda. This was built over 60 years ago and lately it has not been in use so the plan is to repurpose it into an old age home. BET already runs homes in Chaparda, Gandhinagar (under a separate trust), Mehndarda (separate trust) and in Gupt Prayag. Each home is for the very needy and all are supported by willing donors.

# Is there a need for old people's home in Bilkha?

Yes, BET has done a survey of villages around Bilkha, and there are many elderly people living on their own who require assistance. BET already supplies 50 to 60 monthly food kits to the needy in this area. Many of them are now getting to a stage where they need continual care. BET will house 30 elderly people free of charge supported by donors.

The residents will be given accommodation, three meals a day, medication, clothes and other requirements. Only those with high care needs, ie elderly people that do not have others to look after them nor their own financial means, will be given entry.

### **Proposal**

The existing building (see photo) will be demolished and a new building constructed.

Building construction expense 3995sq ft @ 1100 = Rps 43,94,500/-Dining hall building (fabrication) 1937sq ft @ 400. = Rps 7,74,800 Total budget = Rps 51,69,300

### Location:

Ravteshvar Dharmalaya, Bilkha Taluka and district Junagadh, Gujarat https://goo.gl/maps/

### Conclusion

If interested, please contact Ajay to discuss further.
E: ajay@beht.org

**M:** 07956 137898

BEHT Trustees www.beht.org

### BEHT / BET Proposal for Old peoples home in Adhoi, Kutchh.





### Introduction

Bhagvatinandji Education Trust (BET) already has an existing ground floor building in Adhoi. This building was built after the Earthquake and used as a doctor's dispensary for some years. After a while the dispensary was moved elsewhere and this building was used as a visitor's residential place. Lately, the building has not been in use and the plan is to repurpose it into an old age home. BET already runs homes in Chaparda, Gandhinagar (under a separate trust), Mehndarda (separate trust) and in Gupt Prayag. Each home is for the very needy and all are supported by willing donors.

## Is there a need for old people's home in Adhoi?

Yes, BET has done a survey of villages around Adhoi, and there are many elderly people living on their own who require assistance. BET will house them free of charge, supported by donors. The residents will be given accommodation, three meals a day, medication, clothes, and any other requirements. Only those with high care needs, ie elderly people that do not have others to look after them nor their own financial means, will be given entry.

### Proposal

The existing building is on the ground floor as per the photos. The plan is to add a first floor to this building and when nearing completion, to renovate the ground floor to give accommodation for 60 people – 30 males and 30 females. There will be a separate kitchen and dining hall built next to this building with a tin roof and 4-foot wall all round.

Cost of constructing the first floor: 2749 sq. ft @ Rps 1100 = Rps 30,23,900. Cost of renovating the ground floor: Rps 5 to 10 lakhs.
Dining hall (fabrication): 1723 sq ft @ Rps 400 = Rps 6,89,200. Total cost: Rps 42 to 47 lakhs.

#### Conclusion

If interested, please contact Ajay to discuss further.

**E:** ajay@beht.org **M:** 07956 137898

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