



Newsletter

Issue No. 15 2018

Another Successful Year

BEHT has had another successful year, raising a further £211,626 through activities and donations. £245,000 was donated across our projects in India - £205,000 for Education and £40,000 for Health. Thanks to our generous donors, BEHT has consistently raised considerable amounts over many years – see page 3. Every pound raised is used wisely towards one of our projects in India.

Each educational centre is thriving and over 8,000 underprivileged children are benefiting from a good quality education which will give them the foundations to change their family's lives for the better. Especially encouraging is that the centres are not only delivering an academic programme but also excelling in sports and other extra-curricular activities like Yoga, National Cadet Force, Scouts and Girl Guides. Our main school in Chaparda has been made a District Level Sports School (DLSS) by the Government with specialisation in 6 sports – Archery, Athletics, Rifle shooting, Volleyball, Wrestling and now Handball. Many boys and girls have reached State & National level and some are also aspiring to make a career in these sports, which was unthinkable in the past!



Fruit day – Teaching children how to eat healthily in one of our schools

On the Health side, since Jay Ambe Hospital was built in 2012, we have encountered numerous challenges to get it up and running, but we are pleased to say that now after six years the hospital is operating at almost full capacity. Currently, an average of 600 patients per day are seen by a full team of medical and nursing staff. All treatments are given free of charge, patients only paying for the cost of their medicine if they can afford it. The patients come primarily from villages - previously they would have often avoided going to a doctor altogether due to the high charges.

Over 180,000 patients will benefit from this free service in 2018.

We urgently require new equipment to help maintain a high standard of care. Any donors who wish to support this project, please get in touch for further information.

Kajalben and Manubhai's story

Below is the heart-warming account of how the lives of Kajalben and Manubhai Chauhan and their four children have been transformed.



From the left Sonal, Rupal, Kajalben, Manubhai, Mahesh and Chirag

The Chauhans belong to the "harijan" caste (untouchables). Traditionally they were only allowed to do the most menial and dirtiest of tasks and could not get any other work in their villages.

About a dozen years ago, before they came into contact with Babu, neither Kajalben nor Manubhai had a steady job. It was a hand-to-mouth existence, trying to make the pittance they earned last from one job to the next. If the children, aged 2 to 6, fell seriously ill there was no money for medicines.

Manubhai had been out of work for two months when he got to hear about Babu's ashram in Chaparda. Initially Babu took both of them on for work on a casual basis and thereafter employed them permanently. Manubhai worked in the gardens and Kajalben helped with sweeping and washing clothes and dishes. Babu offered free schooling to all the children in exchange for their honest hard work.

Fast-forward 12 years to today: eldest daughter Rupal, aged 20 is in the final year of her B.Comm degree. Mahesh (age 18) is in 1st year of College doing a B.Sc. course and twins Sonal and Chirag, aged 16, are prospering at school. Sonal won a silver medal in a national rifle shooting event in Kerala. Manubhai is now the driver for the English Medium School. Kajalben cooks and cleans at the ashram. From the photo, you can see that the family is living happily together in an environment where fresh air, food and milk are readily available.

In the past 20 years, hundreds of lives of those both in and around Chaparda, and from further afield have been transformed through the medium of Babu and BEHT.

A huge "THANK YOU" to all our donors and supporters for making this possible.

Inspiration behind BEHT

The inspiration behind BEHT is Pujya Muktanandji, fondly known as Bapu, who lives in Chaparda. Through deep meditation, Pujya Muktanandji has come to his own conclusion that there are two main purposes in life:

1. **'Swaha ma lin rehewu'** - be aware of your real self all the time, understand who you are and learn to be truly free (Mukti).
2. **'Jiv Shrusti ne faida thai teva kaariya karva ane karava, nirmal, sahaj ane shakshi bhawe'** - our purpose in life should be to purely, naturally and selflessly undertake work to benefit all life forms and encourage others to do the same.



Ease the pain of the down-trodden,

पीडितोने राहत आपो

Help those who have fallen down,

पडेवाने उभा करो

Help those who are standing to move forward,

उभेवाने गति आपो;

Help those who are moving forward to seek the right direction.

गतिवनने साथीदिशा आपो

Our Objectives:

- 1 **To provide education**
- 2 **To provide relief to the poor, the handicapped, the disabled, the sick and the elderly.**
- 3 **To provide relief to victims of disaster**

(*All within the area of benefit of India.)



About the Trustees:



Ajay Gudka initiated this charity after having met and spent time with Pujya Muktanandji in 1995. He is passionate about helping the disadvantaged and works tirelessly towards this end. He is also a trustee of Bhagvatinandji Education Trust (BET), Health Aid Trust (HAT), Help the Elderly Trust (HTET), all in India and he is a company director of a print business. Contact details: Tel: 020 8428 7287 (evenings), E-mail: ajay@beht.org



Jaymal Gudka has recently completed a Masters in Engineering and is now based in Bristol working as a Software Engineer. He has grown up seeing the developments taking shape in India and BEHT from the very beginning with annual visits and is familiar with the day-to-day running of the charity. He looks after media and communications. Contact details: Tel: 07904 438176 Email: jaymalgudka@gmail.com



Meena Modi OBE has a record of successful teaching and headships in English primary schools since 1974. She was recognised for her contribution to education, leading an outstanding school in Watford with an OBE in June 2011. Meena, along with her husband, Kirit, is committed to improving the life chances of all children. They have actively supported BEHT since its inception and continue to shape the direction of education across BEHT's schools. Contact details: Tel: 020 8952 1131 E-mail: meenamodi@hotmail.com



Jyoti Gudka is a Complementary Therapist in the field of Yoga & Holistic Massage since last 22 years. She has a BTEC diploma in Organics & Sustainability in Horticulture and Garden Design. Jyoti has taken a keen interest in BEHT's work since its birth. She takes a lead in organising fund raising and awareness events for BEHT and regularly visits all BEHT's projects in Gujarat to keep well in touch with its continued progress. Contact details: Mobile: +44 7939 904 414 E-mail: info@jyotigudka.co.uk



Vipul Malde is a retired Chartered Accountant. Vipul looks after BEHT's financial matters.

Contact details:
Tel: 020 8907 0527 (Evenings & Weekends)
E-mail: vipulmalde@hotmail.com



Dr. Chetan Shah has been closely involved with Young Jains and he was the treasurer for this charity between 1995-98. He trained in medicine in the UK and last worked as a surgical trainee. Due to deteriorating health, unfortunately, Chetan is now wheelchair bound.

Correspondence Address:

BEHT,
25 Park View, Hatch End, Pinner, Middlesex, HA5 4LL.
Tel: 020 8428 7287 E-mail: info@beht.org www.beht.org

BEHT a registered charity since 1998
with registration number 1072109



This newsletter is printed on
environmentally friendly paper





How you can help...

BEHT

There are many ways of donating towards good causes through BEHT



1) Capital cost towards Education or Health projects

- To donate towards a school or a college contact info@beht.org for further information.
- To donate towards equipment or machines for the hospital, contact info@beht.org for current requirements.



2) Sponsor a student

- A donation of £ 501 annually will educate and board 1 child. BEHT has approx. 8,000 children receiving education at its 5 centres, namely Chaparda, Adhoi, Junagadh, Savarkundla and Dwarka. Of these, about 400 children are sponsored by overseas donors. These are either orphans or children from a very poor background who cannot afford to pay any fees.
- To sponsor 1 street child to educate in our Savarkundla schools is £ 50 per year.



3) Sponsor a village school as part of our Anand Dhara Project

- A donation of £ 750 will help to provide materials, equipment and teaching support to one village school per year. There are 41 village schools in our project all situated in Visavadar Taluka.



4) Feed the animals in the dairy farm

- A donation of £ 351 will help to feed about 450 cows for a day in the dairy farm, which produces milk for the children, elderly and staff at Chaparda and Adhoi schools.



5) Sponsor the treatment of patients in our hospital

- A donation of £ 100 will help to treat 20 patients.
- A donation of £ 500 will help to treat 100 patients. Typically, it costs £ 5 to treat one patient. Diagnosis and treatments are carried out free of charge and the patient only pays for the medicine.



6) Sponsor an elderly person

- A donation of £ 480 annually will help to provide boarding, food, clothes, medicine and other expenses for an elderly person for a year. These elderly people come mainly from small villages and are either living alone or have been cast out from their family with nowhere to go. The majority of them live here in dignity until they die. BEHT has about 100 such elders in residence at Chaparda.



7) To feed the children and elders

- A donation of £ 50 will provide milk to 600 street children per day in our Savarkundla schools.
- For a special day like anniversary, birthday, engagement, marriage, a religious occasion or in a memory of a departed loved one (tithi), a donation of £ 451 will provide one full meal to about 1,250 children, elders and staff at our Brahmanand Vidya Mandir School in Chaparda.



8) Volunteer your skills - especially if you have teaching or medical skills.

- We recommend that you volunteer for at least a month or more. If interested, please contact any of the trustees or email info@beht.org

8,000 children under BEHT Educational Programme

5 Educational centres in Gujarat

200,000 patients seen annually for free in our Health Programme

For every £1.00 donated, £0.97 goes towards the cause

Annual Receipts and donations since 1998

Year	Donations Received	Amount spent on projects
1998/99	£12,421	£9,560
1999/00	£26,516	£11,584
2000/01	£38,912	£34,646
2001/02	£120,528	£108,838
2002/03	£133,260	£122,525
2003/04	£61,930	£86,996
2004/05	£104,515	£81,086
2005/06	£150,785	£131,788
2006/07	£197,597	£111,525
2007/08	£263,731	£269,600
2008/09	£177,881	£216,791
2009/10	£334,158	£333,283
2010/11	£438,768	£412,300
2011/12	£202,878	£203,058
2012/13	£160,156	£112,881
2013/14	£66,594	£146,580
2014/15	£144,589	£92,762
2015/16	£178,993	£202,372
2016/17	£207,316	£150,000
2017/18	£211,626	£250,891
Total	£3,233,154	£3,089,066

Donation / Standing Order form



**Bhagvatinandji
Education and Health Trust**

Registration No. 1072109

Correspondence Address:
25 Park View, Hatch End,
Middlesex HA5 4LL, UK

Tel: 020 8428 7287

E-mail: info@beht.org

www.beht.org

Name: _____

Address: _____

_____ Post code: _____

Tel: _____

E-mail: _____

Donation Form

I wish to donate a gift of £ _____

(if you pay tax, your gift could be worth an extra 25% to BEHT by completing the gift aid declaration below)

I wish my donation to go towards:

Education Projects Health Projects Elderly Welfare Projects Wherever necessary Other Projects

I wish to donate by (please tick):

- Cheque or CAF Voucher made payable to BEHT and post it with this form
 Cash – payable in person to the above address with this form
 Standing Order – please fill in this form and post to above address
 Direct bank transfer by BACS (BEHT bank details are: Acc No. 00005764, Sort code 40-52-40)

Standing Order Form

Donating by Standing Order is the easiest way to make gifts to BEHT. As well as relieving you of the chore of completing donation slips etc and reducing our costs, it gives us a regular, reliable source of income. And, in addition, if you are a tax payer, any donation you make will be worth more to us if you complete the gift aid form below.

Please pay £ _____ to BEHT each year / quarter / month (delete as appropriate) until further notice.

Starting date _____ (Please allow at least one month from today's date)

To the Manager (bank name): _____

Address: _____

Account No.: _____ **Sort Code:** _____

My signature: _____ **Date:** _____

Please pay BEHT, Account No.: 00005764, Sort Code: 40 – 52 – 40

Bank: CAF Bank

Bank to quote our reference _____

Gift Aid Declaration:

For every pound you give, we get an extra 25 pence from HM Revenue and Customs.

I declare all donations I've made to BEHT for the four years prior to this year, and all donations I make from the date of this declaration until I notify you otherwise, are Gift Aid donations.

I confirm I have paid or will pay an amount of Income Tax and / or Capital Gains Tax for each year (6th April to 5th April) that is at least equal to the amount of tax that all the charities that I donate to will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify.

Signature: _____ Date: _____

Please notify BEHT if you want to cancel this declaration, change your name or home address or no longer pay sufficient tax on your income and / or capital gains.

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self assessment tax return or ask HM Revenue and Customs to adjust your tax code.